

EAT AS NORMAL BUT
DRINK ONLY WATER ON 6th JUNE 2006



Would you
drink this?

WATER

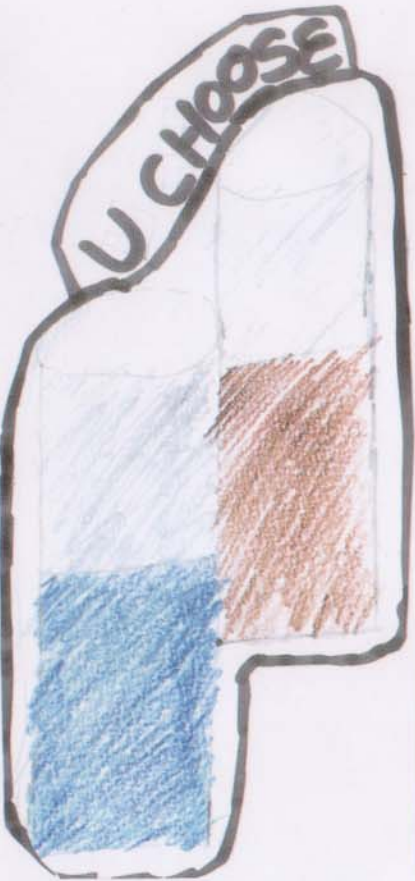
5,184,000

children
DIE
every 3 days
from lack of
clean water



The G8 Summit in St Petersburg
on 15-17th July-help Ashley Youth
Group sent a clear message to the
World Leaders

ALL



Together our
voices can
be heard

National Justice & Peace Group, Catholic Media Office
Supported by CAFOD, Catholic Youth Service, Catholic Education Service

Children must drink at least 4 glasses of water per day
and adults 8 glasses

Those who consume a lot of caffeine may wish to reduce
their intake prior to the three days

Please consult your own GP if you have any concerns